



Starters

Soup of the day, gluten free bread	5.25
Lamb kofta, Greek Feta salad, Tzatziki yoghurt dressing	7.75
Shrimp & crayfish cocktail, Marie Rose sauce	7.25
Salt and pepper calamari, sweet chilli jam	7.75

Tastes of Spring

Roast chicken, smooth mash, gravy	14.50
Tiger prawn, chorizo, garlic & chilli gluten free pasta	14.95

Mains

The Spring dirty burger, maple bacon, Gouda cheese drip, pickles, fries (no bun)	13.75
South Indian butter nut squash, pumpkin & chickpea coconut curry, quinoa rice	13.50
Grilled fish & chips, mushy peas, tartar sauce	13.95
Lamb kofta, Greek Feta salad, Tzatziki yoghurt dressing	13.25
Smoked haddock & pea risotto, soft poached egg	14.50
Slow braised Welsh lamb shank, crushed new potatoes, garlic green beans	16.50

CHARGRILL

10oz rib eye steak 23.50	8oz fillet steak 25.00
Choice of Stilton or Pepper sauce 1.00	

Our 28-day aged British steaks come with chargrilled tomato and Portobello mushroom, fries & choice of sauce

Honey glazed carrots

Sides all at 3.75

Chilli broccoli
French fries

Crispy green salad