

# The SPRING

While you wait  
 Selection of country  
 breads, roasted garlic,  
 olive oil & olives  
 (2 persons) 4.50

## DINNER

### Starters

Soup of the day, crusty bread	5.25
Baked camembert, garlic ciabatta, red onion jam (to share)	14.95
<b>Buffalo mozzarella, garlic ciabatta, broad bean pesto</b>	<b>7.25</b>
Ham hock & pea terrine piccalilli, granary bread	7.25
Shrimp & crayfish cocktail, Marie Rose sauce	7.25
Honey Duck Salad, watermelon, crunchy vegetables, plum dressing	7.50
Thai Spiced salmon fishcakes, crispy oriental salad, lime & soy dressing	7.95
Salt and pepper calamari, sweet chilli jam	7.75

### Mains

#### Tastes of Summer

Seared salmon fillet, Caesar Little Gem	14.95
Pan roasted flat iron chicken, garlic butter, sweet potato fries, watercress	14.50
Pan fried sea bass, wok fried vegetables, crispy noodles, sweet chilli sauce	15.25

Trio of sausages creamed mashed potatoes, onion gravy	12.00
The Spring's cheeseburger, pickles, coleslaw, fries	13.50
<b>add BBQ pulled pork</b>	<b>1.50</b>
South Indian sweet potato & chickpea coconut curry, quinoa rice	13.50
Beer battered fish & chips, mushy peas, tartar sauce	13.95
Honey Duck Salad, watermelon, crunchy vegetables, plum dressing	13.95
Shepherd's Pie, buttered cabbage, leeks & peas	13.95
Thai spiced salmon fishcakes, crispy oriental salad, lime & soy dressing	14.95
Slow braised Welsh lamb shank crushed new potatoes, garlic green beans	16.50
Lentil, bean & mushroom Wellington, peppercorn sauce, vegetable medley	13.50

#### CHARGRILL

10oz rib eye steak 23.50

8oz fillet steak 25.00

Choice of Stilton or Pepper sauce 1.00

*Our 28-day aged British steaks come with chargrilled tomato and Portobello mushroom, fries*

#### Sides all at 3.75

Cauliflower cheese  
 Sweet potato fries

Honey glazed carrots  
 French fries

Chilli broccoli  
 Macaroni cheese

Crispy green salad

Ask for our  
 GF/DF  
 Menus

16/8/19

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Please inform the duty manager in the event that you have any special dietary requirements  
 or if you are sensitive or allergic to any of our ingredients

A discretionary 10% service charge will be added to parties of 6 and over

19/8/19