THE SPRING INN

Lunch Menu

While you wait

Selection of Rustic breads, roasted garlic & olives.
£7

Cured meats, feta stuffed peppers, caved aged chedder, olives & bread
£18

Starter

Creamed wild mushroom soup. GFO
£8

Smoked haddock & salmon fish cake, basil mayo.
£11/£22

Burrata, candy beetroot, Caramelised walnut. GF
£10

Mussels in white wine, garlic butter & parsley. DFO
£11/£22

Flat mushroom, caramelised onion & grilled goat's cheese GF
£11/£22

Duck salad, honey soy sauce dressing, spring onion and sesame. DF
£11/£22

Potted smoked mackerel, fennel & lemon purée, grilled sour dough. GFO
£12

Chicken liver parfait, green apple & onion chutney, toasted brioche. GFO
£12

Smoked salmon, capers, lemons & parsley with buttered bread. GFO/DFO
£15

Sandwiches

(With your choice of white, brown or foccacia bread & fries)

Angus sirloin steak, lyonnaise, onion & horseradish mayonnaise. GFO
£13

Smoked salmon, cucumber & cream cheese. GFO
£14

Coronation chicken wrap
£13

Grilled chicken fillet, melted chedder & avocado purée. GFO/DFO
£13

Grilled mediterranean vegetable with goat's cheese.
V/GFO/DFO/VGNO
£12

Entrée

Braised short rib of beef & roast carrot pie, creamy mash.
£21

Stonebass, crayfish & tarragon risotto. GF/DFO
£25

Angus beef burger, BBQ short rib, smoked apple wood cheddar,brioche bun & fries. GFO/DFO
£19

Cod & salmon fish pie, peas & basil.
£22

Vegetable tagine, toasted almonds and preserved lemon. VGN
£18

Escalope of salmon, herb crushed new potatoes, tenderstem broccoli, sauce bois boudran. GF/DF
£25

Classic cottage pie topped with creamy mash.
£15

Cornish cod, white beans & smoked salmon cassoulet. GF
£26

Sweet potato, spinach & ricotta pie.
V
£19

Ox cheeks Beef bourguignon glazed carrots & mushrooms with creamy mash.
GF/DFO
£26

Chicken curry, cumin scented long grain rice & mango chutney. GF/DFO
£18

Beer battered catch of the day, chunky chips, garden peas purée & tartar sauce.
DF/GFO
£19

Chicken Schnitzel, garlic butter, rocket salad & fries.
£18

SIDES

Macaroni cheese
£6

Chunky chips or fries GF/DF/VGN
£4.50

Garlic butter French beans GF/DFO
£5

Honey glazed carrot GF/DF
£4.50

Herb crushed new potatoes GF/DF/VGN
£4.50

Food allergies & intolerances; please speak to the manager about the ingredients in your meal, when making your order.
GF/GFO Gluten Free/Option DF/DFO Dairy Free/Option V vegetarian VGN/VGNO Vegan/option
A discretionary 10% service charge will be added to your bill.