



THE SPRING  
INN

# Menu

## While you wait

Selection of Rustic breads, roasted garlic & olives.

£7

Cured meats, feta stuffed peppers, caved aged cheddar, olives & bread

£18

## Starter

Creamed wild mushroom soup.

GFO/V

£8

Smoked haddock & salmon fish cake, basil mayo

£11/£22

Burrata, candy beetroot, Caramelised walnut GF/V

£10

Mussels in white wine, garlic butter & parsley DFO

£11/£22

Flat mushroom, caramelised onion & grilled goat's cheese GF/V

£11/£22

Duck salad, honey soy sauce dressing, spring onion and sesame. DF

£11/£22

Prawn & avocado cocktail. GF

£12

Chicken liver parfait, green apple & onion chutney, toasted brioche. GFO

£12

Smoked salmon, capers, lemons & parsley with buttered bread. GFO/DFO

£15

Potted smoked mackerel, fennel & lemon purée, grilled sour dough. GFO

£12

## Entrée

Braised short rib of beef & roast carrot pie, creamy mash

£21

Stonebass, crayfish & tarragon risotto. GF/DFO

£25

Chicken Schnitzel, garlic butter, rocket salad & fries.

£18

Cod & salmon fish pie, peas & basil.

£22

Cornish cod, white beans & smoked salmon cassoulet. GF

£26

Lamb rump, courgette Provençal, honey lavender jus. GF

£26

Angus beef burger, BBQ short rib, smoked applewood cheddar brioche bun & fries. GFO/DFO

£19

Escalope of salmon, herb crushed new potatoes, tenderstem broccoli, sauce bois boudran. GF/DF

£25

28 day dry-aged Aberdeen Angus ribeye steak with peppercorn sauce, grilled mushroom, tomato & fries GF

£32

Vegetable tagine, toasted almonds and preserved lemon. VGN

£18

Classic cottage pie topped with creamy mash

£15

Ox cheeks Beef bourguignon glazed carrots & mushrooms with creamy mash. GF/DFO

£26

Chicken curry, cumin scented long grain rice & mango chutney. GF/DFO

£18

Beer battered catch of the day, chunky chips, garden peas purée and tartar sauce. DF

£19

Sweet potato, spinach & ricotta pie. V

£19

## SIDES

Macaroni cheese

£6

Chunky chips or fries GF/DF/VGN

£4.50

Garlic butter French beans GF/DFO

£5

Honey glazed carrot GF/DF

£4.50

Herb crushed new potatoes GF/DF/VGN

£4.50

Food allergies & intolerances; please speak to the manager about the ingredients in your meal, when making your order.

GF/GFO Gluten Free/Option DF/DFO Dairy Free/Option V Vegetarian VGN/VGO Vegan/option

A discretionary 10% service charge will be added to your bill.