



## THE SPRING INN

# Sunday Menu

### While you wait

Selection of Rustic breads, roasted garlic & olives.

£7

Cured meats, feta stuffed peppers, caved aged cheddar, olives & bread

£18

### Starters

Duck salad, honey soy sauce  
dressing, spring onion and sesame. DF  
£11/£22

Creamed wild mushroom soup. GFO/V  
£8

Chicken liver parfait, green apple &  
onion chutney, toasted brioche. GFO  
£12

Mussels in white wine, garlic butter  
& parsley DFO  
£11/£22

Smoked salmon, capers lemons &  
parsley with buttered bread. GFO/DFO  
£15

Smoked haddock & salmon fish cake,  
basil mayo.  
£11/£22

Flat mushroom, caramelised onion  
& grilled goat's cheese GF/V  
£11/£22

Potted smoked mackerel, fennel &  
lemon purée, grilled sour dough. GFO  
£12

Prawn & avocado cocktail. GF  
£12

### Roasts

*All roasts come with roast potatoes, honey glazed carrots & parsnips, hispi cabbage.*

Sirloin beef, Yorkshire pudding & red wine jus. DF/  
GFO  
£24

Grain fed chicken with bread sauce. GFO/DFO  
£23

Trio of roasts. DFO/GFO  
£29

Roast English leg of lamb with thyme & lemon. DF/GFO  
£24

### Entrée

Braised short rib of beef pie, roast  
carrot & buttery mash.  
£21

Escalope of salmon, herb crushed  
new potatoes, Tenderstem  
broccoli, sauce bois boudran. GF/DF  
£25

Sweet potato, spinach & ricotta pie. v  
£19

Stonebass, crayfish & tarragon risotto.  
GF/DFO  
£25

Chicken schnitzel garlic butter,  
rocket salad & fries  
£18

Chicken curry, cumin scented long  
grain rice & mango chutney. GF/DFO  
£18

Classic cottage pie topped with creamy  
mash  
£15

Cornish cod, white beans &  
smoked salmon cassoulet. GF  
£26

Beer battered catch of the day, chunky  
chips, garden peas purée & tartar  
sauce. DF  
£19

Vegetable tagine, toasted almonds and  
preserved lemon. VGN  
£18

Cod & salmon fish pie, peas &  
basil.  
£22

Ox cheeks Beef bourguignon glazed  
carrots & mushrooms with creamy  
mash GF/DFO  
£26

### SIDES

Macaroni cheese  
£6

Chunky chips or fries GF/DF/VGN  
£4.50

Garlic butter French beans GF/DF/VGNO  
£5

Honey glazed carrot GF/DF  
£4.50

Herb crushed new potatoes GF/DF/VGN  
£4.50

Food allergies & intolerances; please speak to the manager about the ingredients in your meal, when making your order.

GF/GFO Gluten Free/Option DF/DFO Dairy Free/Option V vegetarian VGN/VGNO Vegan/option

A discretionary 10% service charge will be added to your bill.